

4 DISTRACTION is Deadly

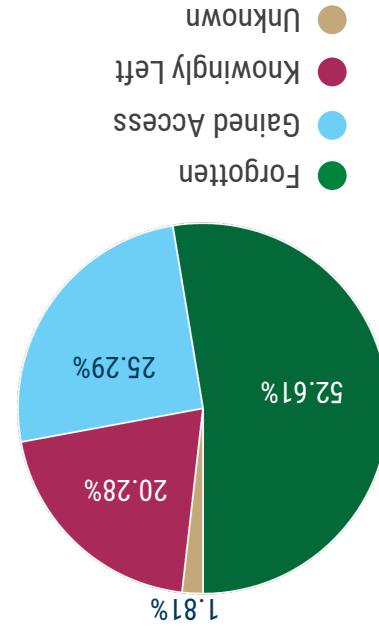
- Don't be a distracted pedestrian—especially in the **workplace parking lot**.
- Keep alert at all times; don't be distracted by electronic devices.
- Watch for cars entering, exiting or backing up in parking lots.
- Avoid alcohol and drugs when walking; they impair your abilities and your judgment.

MYTH That would never happen to me.

It has happened to a dentist, a postal clerk, a social worker, a police officer, an accountant, a soldier, a paralegal, an electrician, a Protestant clergyman, a rabbinical student, a teacher, a nurse, a construction worker, a mechanic—and other workers.

In fact, 22% of child heatstroke deaths occurred at a workplace.

2 CAUSES



1 HOW

do children die in hot cars?

- A caregiver forgets a child in a vehicle. This often happens when caregivers are distracted while driving to work.
- A child gains access to an unlocked vehicle.
- Someone knowingly leaves a child in the vehicle (e.g. while running an errand).

5 Estimated Vehicle Interior Air Temperature v. Elapsed Time

ELAPSED TIME	OUTSIDE Air Temperature					
	70	75	80	85	90	95
0 minutes	70	75	80	85	90	95
10 minutes	89	94	99	104	109	114
20 minutes	99	104	109	114	119	124
30 minutes	104	109	114	119	124	129
40 minutes	108	113	118	123	128	133
50 minutes	111	116	121	126	131	136
60 minutes	113	118	123	128	133	138

Courtesy Jan Null, CCM; Department of Meteorology & Climate Science, San Jose State University

WORKPLACE

parking lots are where many child hot car deaths occur.

As a pedestrian: Watch for parking lot safety concerns, and pay attention to dangers such as children unattended in vehicles.

FREE training: carseateducation.org/hot-cars

Also visit: noheatstroke.org

VEHICLES at the WORKPLACE

Parking Lot Dangers

Safety Guide for Employers and Employees



nsc.org/heatstroke

